

POST SENTINEL

VOLUME 16, EDITION 10

OCTOBER 2025

COMMANDER'S CORNER

Dear Comrades and Auxiliary Members,

The Veteran of Foreign Wars of the United States is announcing the 2025-2026 Voice of Democracy and Patriot's Pen Audio essay competitions. Participants will explore the theme "How Are You Showing Patriotism and Support for Our Country" this year. Applications are available at our Post or via the provided link: <https://www.vfw.org/community/youth-and-education/youth-scholarships> If you would like additional information please contact Junior Vice Commander Connor Columbo at 716-440-0815.. Don't forget entries are due no later than October 31 st , no late submissions will be accepted. This is a great scholarship opportunity for middle school and high school students.

On Saturday, October 11 th , we will have live music in the lounge by South City. Please stop by with your family and friends for a great night of music from 7-11 p.m.

Our food and pet panty have been getting much use over the past few months; and we would like to continue to keep it stocked; as the holidays are approaching and this makes tough times for some people. If you are able to spare some non-perishable food or pet items; the pantry is located on our front lawn, and is accessible 24/7. The pantry is open to everyone for donations and those in need.

On Tuesday, November 11 th , we will honor all the men and women who served in the United States military by starting off the day at Lakeside Cemetery at 9:30 a.m. Our Post 1419 ceremony will take place at 14:00 p.m., followed by a light lunch hosted by our Auxiliary.

On October 13 th we will celebrate the U.S. Navy's 250 th Birthday.

Happy Fall!

In Comradeship,

Amy Owczarczak, Commander
AmyOVFW1419@hotmail.com
(716) 432-0829

CONTACT US:

.Post (716)648-2618

.Commander (716)432-0829

Postsentinel1419@gmail.com

VFW1419.org (Website)

*If you know of someone
not receiving the
Newsletter have them
send a message to the
GMAIL ADDRESS
ABOVE.*



VFW AUXILIARY

Trunk or Treat is October 19th at noon. Dress yourself up, decorate your trunk and fill your trunk with candy to distribute to the children as they travel through our Parking Lot. We are looking for Donations of Hot Dogs, Buns, Candy or Cash to help us with our 17th annual event. Please contact Paula Bucci 716-432-1092 or the Post for further details and information.

Dues for the upcoming year are NOW DUE. That means that you should be dropping off your cash or check in the amount of **\$35.00** to the Post Lounge as soon as possible. And YES, I SAID **\$35.00**. Dues were increased last year and it will save our Treasurer a lot of time if you would kindly pay the correct amount. Any member that does not pay the correct amount will not be renewed until the full amount is received.

Anyone who pays the FULL AMOUNT of the annual dues before 10/31/25 will be entered into a drawing and the winner of that drawing will have their 2026-2027 dues paid by the Auxiliary so get your cash or check in now and save us the aggravation of tracking you down.

Katy Blaszkiewicz
Auxiliary President.

WE STILL WEAR RED ON FRIDAYS

HONOR GUARD CORNER

Hello to all.

I hope this newsletter finds you all in good health. Well summer is just another season and is behind us once again. The Honor Guard really doesn't have anything to report this month but will send out a reminder that Veterans Day is Coming up and as always we will have our ceremony on that day. November 11th.

One of our Post members, Board Member, and Honor Guard member Ron Towers is in the VA. We wish him well and a speedy recovery.

That's all I have for now so I'll be signing off and as usual God Bless America, Our Troops who are serving and to those who have served. Let us not forget the ones who gave the ultimate sacrifice may they rest in peace.

Don Hancock—Honor Guard Captain

Post Members Patrick Bapst and Ron Towers have both been seriously ill for quite some time. I know they would both appreciate your prayers and good wishes for complete recoveries.

SERVICE OFFICER CORNER

The VFW National Legislative Committee members met with senators, representatives and staffers in Washington, D.C., to discuss VFW legislative priorities. Specific focus was on community care reform, exploring alternative post-traumatic stress disorder treatments, concurrent receipt and transition from service. The VFW will stand firm to ensure that Congress honors the contract with our service members by safeguarding the benefits earned by those who served our nation.

VFW Podcast Explores Veteran Issues: Cohosts Rob Couture and Brittany Dymond Murray talk with subject matter experts, lawmakers, and prominent military and veteran community leaders about government and military affairs, VA, and the business of the VFW. With a new episode every other week, #StillServing: The VFW Podcast brings timely, relevant information and discussions to listeners around the world in a way that resonates with all veterans. Tune in on your favorite podcast platform to stay current on the issues that dominate the veteran space. To watch the latest episode, "An Unconventional Convention," which highlights the historic moments of the 126th VFW National Convention, visit the VFW on YouTube. Also the SitRep is a great VA Youtube channel.

Researchers from VA West Los Angeles and University of California, Irvine, have reported that Agent Orange exposure increases the risk of lymphatic cancers by 60%, which is comparable with individuals who have a genetic predisposition. Of note, veterans with both factors did not show higher incidence rates than those with either factor alone. This conclusion is based on data derived from the records of 250,000 non-Hispanic White veterans in VA's Million Veteran Program, making this analysis the largest study ever to examine this correlation.

Scammers continue to target service members, veterans, and their families with increasingly sophisticated tactics including spoofed phone numbers, urgent requests for account details, and schemes tied to job offers, education, packages, romance, and even law enforcement impersonation. Military consumers lost an estimated \$584 million to fraud in 2024, underscoring the need for vigilance. Experts urge individuals to slow down before responding to unexpected calls or messages, to verify suspicious requests directly with trusted institutions, and to talk openly with loved ones about scam risks to help protect the financial well-being of those who serve and have served.

Fourteen bipartisan veteran bills passed the House and now head to the Senate for consideration. They address a range of health care and benefits issues. VFW-supported bills include H.R.3400, TRAVEL Act of 2025, to allow VA physicians to serve temporarily as traveling physicians in territories and possessions of the United States to provide health care services to veterans in underserved areas; H.R.3951, Rural Veterans' Improved Access to Benefits Act of 2025, to extend license portability allowing eligible health care providers to perform disability examinations across state lines and expanding access for veterans; and H.R.2334, Servicemember Residence Protection Act, to preempt state laws regarding squatter's rights for premises owned by individuals who are on active military service.

Dominic H Caselli
Service Officer

POST SENTINEL INFORMATION

The Deadline for article submission is the FRIDAY AFTER THE POST MEETING. It is very important that all articles are submitted by the due date.

The Deadline for next month is

November 7, 2025

All submissions should be sent via email

to

postsentinel1419@gmail.com

CRIBBAGE ANYONE????

There is a Cribbage Club that meets at our Post the 1st, 3rd, & 5th Wednesday each month from September through May. If anyone is interested in joining in, contact Robyn Boldt at 716-648-1830 for more details.



**WE NEED
YOU TO
DONATE
FOR
TRUNK OR
TREAT**



DON'T FORGET OUR FOOD PANTRY LOCATED ON THE FRONT LAWN OF THE POST. PLEASE REMEMBER TO BRING YOUR NON-PERISHABLE FOOD ITEMS TO KEEP OUR PANTRY STOCKED AND FEEL FREE TO HELP YOURSELF TO ITEMS IF YOU ARE IN NEED. THIS FOOD PANTRY IS FOR EVERYONE TO USE. MEMBERS OF OUR POST AND COMMUNITY MEMBERS

WE ALSO NOW HAVE A PET PANTRY ON THE FRONT LAWN. LET'S HELP KEEP OUR FURRY FRIENDS FED AND HAPPY.

SICK CALL

If you know of any member of the Post or the Auxiliary, who is sick, in the hospital, or has died, please let someone know.

Post Chaplain Brent Doyle	716-649-3019
Auxiliary Chaplain Terry Walker	716-912-6849
Commander Amy Owczarczak	716-432-0829
Aux. President Katy Blaszkiewicz	716-253-4681
Honor Guard Don Hancock	716-830-4237
You can also call the Post and tell whoever answers the phone.	716-648-2618

